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## WHAT IS CLAIMED IS:

An assembly for retaining a boot on a gliding board, said assembly comprising:
 a release block having at least one jaw for retaining a member for fastening the boot;

the jaw being mounted for movement between a closed position for retaining the fastening member and an open position for releasing the fastening member;

a movable latch for maintaining the jaw in the closed position;

a source of pneumatic energy controlling movement of the latch, with the exception of any other energy.

- 2. An assembly according to claim 1, wherein the pneumatic energy is delivered by a solenoid valve connected to a reservoir of pressurized gas.
- 3. An assembly according to claim 2, wherein a pressure regulator is positioned at an outlet of the gas reservoir.
- 4. An assembly according to claim 1, wherein the movable latch is tilted by an air cylinder/jack in a position for allowing opening of the jaw.
- 5. An assembly according to claim 1, wherein the latch is a rocker movable about an axle with an upper arm oriented in a position for closing the jaw, so that the force component passes through the axle for rotating the rocker.
- 6. An assembly according to claim 5, wherein the latch is elastically returned to the position for closing the jaw by a spring.

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7. An assembly according to claim 1, wherein the release block is mounted on a plate having a bending zone in which stress gauges are positioned.

- 8. An assembly according to claim 1, wherein a support is positioned under the plate to raise the bending zone.
- 9. An assembly according to claim 7, wherein a processing circuit connects the stress gauges to the solenoid valve and delivers to the solenoid valve a signal for opening the jaw.
- 10. An assembly according to claim 9, wherein the pneumatic energy is delivered by a solenoid valve connected to a reservoir of pressurized gas.